



## HOT ENTREES

**CHEESEBURGER** 3oz burger on hamburger bun ON A BUN WITH LETTUCE, TOMATO, PICKLE AND ONION

**HOT DOG** 1oz hot dog on hot dog bun ON A BUN

**SLOPPY JOE** 3oz sloppy joe on hamburger bun ON A BUN

**CHICKEN STRIPS** 3oz breaded chicken strip 3 STRIPS WITH KETCHUP, BBQ SAUCE OR RANCH

**SPAGHETTI** 1/3c meatsauce/meatball over 1/2c spaghetti WITH MEATSAUCE OR MEATBALLS/MARINARA

**MANICOTTI** 4oz manicotti with 1/2c marinara CHEESE MANICOTTI WITH MARINARA

**FRIED FISH** 3oz breaded fish BATTERED COD, POLLOCK, TILAPIA

**OVEN BAKED FISH** 3oz fish CHOICE OF: POLLOCK, TILAPIA OR SALMON

**SLICED MEAT** 3oz sliced CHOICE OF: SLICED GLAZED HAM, ROAST TURKEY or ROAST BEEF

## SNACKS (See below for choices)

FRESH OR CANNED FRUIT  
POTATO CHIPS  
COOKIES\*  
ICE CREAM\*

CHEESE/CRACKERS  
PEANUT BUTTER CRACKERS  
COTTAGE CHEESE  
YOGURT

SANDWICHES  
JELLO\*  
PUDDING\*  
SOUP

## Always Available Menu

These items may be written on your meal ticket

## GRILLED ENTREES

**GRILLED SANDWICHES** 3oz protein on 2 pieces bread CHOICE OF: TUNA MELT, PATTY MELT, GRILLED CHEESE, HOT HAM & CHEESE, TURKEY MELT, FRIED EGG SANDWICH

**EGGS** 2 each CHOICE OF: SCRAMBLED, FRIED, HARD BOILED, POACHED

**OMELET** 2 eggs with 1oz protein CHOICE OF: CHEESE, HAM, SAUSAGE, ONION, PEPPERS

## COLD ENTREES

**FRUIT PLATE** 1/3c cottage cheese with 1/4c ea fruit COTTAGE CHEESE OR WITH 3 FRESH OR CANNED FRUIT CHOICES

**CHEF SALAD** 1oz ea protein, 1 egg, 1c lettuce LETTUCE WITH HAM, TURKEY, HARD BOILED EGG, TOMATO, CHEESE, CUCUMBER CHOICE OF: ITALIAN, DOROTHY LYNCH, RANCH

**SANDWICHES** 3oz protein on 2 pieces of bread CHOICE OF: TUNA SALAD, EGG SALAD, CHICKEN SALAD, SLICED HAM OR TURKEY WITH CHEESE, PEANUT BUTTER & JELLY

## HOT SIDES

**SOUP** 4oz soup CHOICE OF: VEGETABLE BEEF, CHICKEN NOODLE, TOMATO

**FRIES** 1/2 c CHOICE OF: FRENCH FRIES, SWEET POTATO FRIES, TATOR TOTS

**POTATOES** 1/2c or 1ea CHOICE OF: MASHED POTATOES, BAKED POTATO, HASHBROWNS, BAKED SWEET POTATO

**FRIED** 1/3c CHOICE OF: BREADED ZUCCHINI, ONION RINGS, VEGETABLE EGG ROLLS

**VEGETABLES** 3oz CHOICE OF: GREEN BEANS, CARROTS OR CORN

## COLD SIDES

**FRESH FRUIT** 1ea or 1/2c CHOICE OF: APPLE, ORANGE, BANANA, WATERMELON, MIXED

**CANNED FRUIT** 1/2c CHOICE OF: PEACHES, PEARS, MANDARIN ORANGES

**COTTAGE CHEESE** 1/3c

**TOSSED SALAD** 1c lettuce LETTUCE, TOMATOES, ONION

**CHIPS** 1ea or 1/2c CHOICE OF: POTATO CHIPS, BAKED CHIPS, DORITOS, CHEETOS

\*Item also available in sugar free